

*Serving the  
Frederick  
Community  
for 50 years*

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information  
[www.scottkeycenter.org](http://www.scottkeycenter.org)*

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Winter 2016

*Scott Key Center*

Volume 1, Issue 17

## Remembering a Mentor

Vince Coates passed away at the age of 55 on Friday October 9<sup>th</sup>, 2015 from complications due to his recent diagnosis of pancreatic cancer. Vince had a loving and supportive family, including his wife of 24 years, Patricia, and two children, Eliane and Liam. He was a lifelong advocate for people with disabilities and that is just one way in which he will be remembered. Vince will be remembered in the Frederick Community for his 30 years of service at the Scott Key Center as well as for his love of the arts. His passion for education led him to his



two Master's Degrees and his mentoring of over 30 college and high school student interns throughout his years at Scott Key. His art collection includes poetry, paintings, sculptures, and the "Umbrella Project." He had a love for swimming, particularly open water swimming and cycling. He accomplished two swims across the Chesapeake Bay and completed his last Tour de Frederick bicycle ride right before his diagnosis. Vince will always be remembered for his unwavering devotion to everything he did in his life. He is truly missed by everyone he impacted in his life.



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## HCC's Flower and Garden Show

Scott Key Center will be participating in the Hagerstown Community College Flower and Garden Show held on March 12<sup>th</sup> and 13<sup>th</sup>. This will be the 22<sup>nd</sup> Show put on by the Hagerstown Community College Alumni Association and it will be The Scott Key Center's 7<sup>th</sup> year participating. During the show individuals will have an opportunity to browse, learn, and buy various gardening equipment, and services.

There will also be many seminars and demonstrations throughout the weekend



that attendees can sit in on. SKC's participation in the show will mostly include the selling of rain barrels, live plants and flowers, as well as gardening accessories (water cans, etc.). If you would like

to attend the show it is \$5.00 for adults and free for children under 12. It will be held in the Athletic, Recreation and Community Center at Hagerstown Community College.

## Rain Barrels for Sale

Scott Key Center Rain Barrels are \$80.00 per barrel and hold between 55 and 60 gallons of water. Each barrel is recycled and was previously used to ship products, primarily olives. Rain trickles down into the barrel through a mosquito-proof screen and 5 openings. An overflow



hose can be used to direct the water wherever desired after the barrel is filled. All barrels are able to connect to your garden hose and can be used throughout your lawn and garden. There is a "User Guide" that comes with every barrel for easy installation. These Rain Barrels are a smart investment

## Annual Dinner Dance

Scott Key Center's Annual Dinner Dance will be held on Friday, March 18, 2016. Doors will open at 5:00pm and dinner will be served at 5:30pm. It will take place at the Frederick Holiday Inn & Conference Center at 5400 Holiday Inn Drive Frederick, Maryland 21703. The cost is \$30.00 per person; admission is free for all SKC Employees and Staff. This year's presenters include Tim Berkson and Mike Wambach from Handicap This! Productions. RSVP and Payment are due by March 4, 2016.

## Meet Bob Long

**How many years have you worked at SKC?**

I and a half

**What are your main job responsibilities?**

Bus driving

**How did you get here?**

My previous employer went out of business and I made a career change.

**What made you chose this profession?**

I found that I enjoyed working with people with disabilities after coaching Special Olympics in Frederick County for many years.

**Where do you live?**

Keymar, Maryland

**Where do you see yourself in 5 years?**

Retired

**What are your 3 main accomplishments?**

- 1) Silver medalist in the World Masters Championships in Sydney
- 2) Circling the globe by working odd jobs
- 3) Successfully coaching Special Olympics

**Who do you admire?**

John Glenn

**What is the last book you have read and what did you like about it?**

Fully Active by Timothy Shriver

It is the story of Special Olympics

**What is the most important thing you have learned?**

Keep your mind full and your bowels empty

**What motivates you?**

I like to prove people wrong when they tell me that I am unable to do something.

**Do you have any phobias?**

None that I can think of

**If you were reborn as an animal, what would you like it to be?**

An eagle

**What are your hobbies?**

Competitive swimming, skiing, sailing, scuba, photography, cycling, hiking, camping, travel

**How do you think people will remember you?**

As a humanitarian and an adventurer

**What was your worst injury?**

A fractured shoulder

**What is the farthest you've been from home?**

I have been around the globe. I'm not sure which point was the furthest, possibly India, Central Australia, or Southern Asia.

**What was your most rebellious moment?**

Telling the Dean of Students at my college that he was full of crap and that I would not be attending the graduation ceremony.

Welcome to the  
Scott Key Center the  
following new staff:

Employment Coordinator

- Phyllis Landry

Vocational Training Specialist

- Maya Akhtar

- Greg Nearchos

- Heidi Irwin

- Jeffrey Lambright

Part-time Substitute

- Jennifer Kremonas

- Sandra Abel

Intern

- Erin Murray

**Yes,**

**We do shredding.**

Contact us today for a quote!

301-600-1600

scottkeyemail@  
frederickcountymd.gov

## IMPORTANT!

Due to the recent blizzard the following days that we're originally scheduled off are now operating days:

**2/29, 4/1, 6/6**



## Scott Key Center Board of Directors

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## Winter Weather Safety Tips

Before severe winter weather conditions occur, consider the following safety tips:

- Allow extra time for trips and drive with extra caution on slippery or snowy roads
- Check and replace batteries in flashlights, radios, and cell phones
- Put all-weather or snow tires on your car
- Test your antifreeze
- Ensure your car's wiper blades are in good condition
- Place an emergency kit in your car that includes items such as an ice scraper, snow brush, jumper cables, road salt and sand, blankets, warm winter clothes, a shovel, tire chains, emergency flares, and extra water
- Equip your home with a chemical fire extinguisher, smoke alarms with current batteries, and a carbon monoxide detector
- Stock up on bottled water, no-cook food, and any necessary medications



Have a first aid kit in your home. Additionally, if you expect to lose power during a winter storm, make sure you have a backup source for heating, such firewood for a fireplace, portable space heaters, and extra blankets, sleeping bags, and warm winter clothes.

## Scott Key Center

1050 Rocky Springs Road

Frederick, Maryland 21702

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